

REGISTRATION FORM

Please fill out the reverse side of this form to choose your classes!!

Name _____
Date of Birth _____ Age _____ Grade _____
Address _____
City _____ State _____ Zip _____
Tel Phone _____ Tel Work _____
Email _____

I/We hereby authorize the Connecticut Baseball Academy, Inc. to act in my/our behalf in obtaining emergency medical treatment for my/our above named son/daughter if I/we am/are unavailable to do so myself/ourselves.

Please Print

Parent/Guardian _____
Day Telephone _____
Insurance Coverage _____
Doctor _____
Dr's. Phone _____
Allergies and/or Medications _____

I/we, the parents of _____ give my/our approval to participate in the Connecticut Baseball Academy, Inc. Baseball Camps. I/We assume all risks and hazards incidental such participation; and I/We do hereby waive, release, absolve, indemnify, and agree to hold harmless the Connecticut Baseball Academy, Inc. organizers, trainers, coaches, sponsors, and adult supervisors for any claim arising out of injury to my/our child, weather the result of negligence or any other cause, except to the extent and in the amount covered by accident or liability insurance.

Signature _____ Date _____
Signature _____ Date _____

Method of Payment (Circle One) Check Visa Mastercard
Payment Amount: \$75 per set of 3 classes _____

Make checks payable to: Connecticut Baseball Academy

Credit Card # _____ Exp Date _____
Cardholder Signature _____

Return this form with payment to Connecticut Baseball Academy, 525 Burnside Avenue, East Hartford, CT, no later than 4 days prior to the first class you are registering for.

PERFECT YOUR PITCHING LABS COACHING STAFF

Mike Levandowski

- Connecticut Baseball Academy
Director of Pitching, 10th Year Instructor
- Team Connecticut Baseball
7 Top Ten National Finishes
- Former Players have attended schools such as Auburn, Boston College, Coastal Carolina, Elon, Mississippi, Oregon State, Stanford, Harvard, and Kansas.

Steve Blinn

- Former Collegiate Pitcher
Methodist College/University of Hartford
- Connecticut Baseball Academy
10th Year Instructor
- Former Players have attended schools such as Quinnipiac, Vermont, LeMoyne, Columbia, Holy Cross, and Stetson.

Pete Zabroski

- University of Notre Dame
- Team Connecticut Baseball
18u Americans Pitching Coach
- Former Players have attended schools such as Duke, Connecticut, St Louis, Michigan, Boston College, and Manhattan

Eric Rosario

- Team Connecticut Baseball
1998 First Team All American
- Connecticut Baseball Academy
6th Year Instructor

CONNECTICUT BASEBALL ACADEMY



PRESENTS PERFECT YOUR PITCHING LABS

SATURDAYS & SUNDAYS
January to March



Phone: 860-282-0755
Fax: 860-289-2010
www.ctbaseballacademy.com

525 Burnside Avenue
East Hartford, CT 06108

PERFECT YOUR PITCHING LABS

The Connecticut Baseball Academy brings to you the ***Perfect Your Pitching Labs***. This pitching lab will run by our top level pitching staff with years of professional, college, and amateur experience. Our main objective is to create a hands-on, classroom environment to help improve all aspects of pitching.

Players will be able to see a visual reference of their pitching delivery using the Right View Pro Video Analysis System. We will also show what drills and work outs can be done as it relates to the players pitching mechanics on video. The Right View Pro video analysis software is the only program of its type that is endorsed and licensed by Major League Baseball.

The Perfect Your Pitching Labs will cover a wide range of topics geared towards each individual player. Topics include, but are not limited to:

- Fundamentals of Pitching
- Getting the Most out of Your Mechanics
- Hitting Spots Consistently
- Attacking the Strike Zone
- Working to Advantage Counts
- Changing Speeds
- Pitching from the Stretch
- Controlling the Running Game

Each session of the Perfect Your Pitching Labs will work on each players individual pitching by doing the following:

- Delivery Drills to Increase Consistency
- Small Supervised Drill Stations
- Personal Video Analysis System

***For More Information, Please call
the Connecticut Baseball Academy***

**at:
860-282-0755
or
860-290-8538**



CLASS SCHEDULE/REGISTRATION

Players are invited to choose 3 classes out of the schedule listed below.

Check off which classes you want to attend

Saturday	January 2, 2010	12:00pm-1:00pm	_____
Sunday	January 3, 2010	12:00pm-1:00pm	_____
Saturday	January 9, 2010	12:00pm-1:00pm	_____
Sunday	January 10, 2010	12:00pm-1:00pm	_____
Saturday	January 16, 2010	12:00pm-1:00pm	_____
Sunday	January 17, 2010	12:00pm-1:00pm	_____
Saturday	January 23, 2010	12:00pm-1:00pm	_____
Sunday	January 24, 2010	12:00pm-1:00pm	_____
Saturday	January 30, 2010	12:00pm-1:00pm	_____
Sunday	January 31, 2010	12:00pm-1:00pm	_____
Saturday	February 6, 2010	12:00pm-1:00pm	_____
Saturday	February 13, 2010	12:00pm-1:00pm	_____
Sunday	February 14, 2010	12:00pm-1:00pm	_____
Saturday	February 27, 2010	12:00pm-1:00pm	_____
Sunday	February 28, 2010	12:00pm-1:00pm	_____
Saturday	March 6, 2010	12:00pm-1:00pm	_____
Sunday	March 7, 2010	12:00pm-1:00pm	_____
Saturday	March 13, 2010	12:00pm-1:00pm	_____
Sunday	March 14, 2010	12:00pm-1:00pm	_____

PAYMENT INFORMATION

The fee for the 3 classes of the Perfect Your Pitching Labs is \$75. This includes 3 hours of pitching instruction, including video analysis and live throwing.

PROGRAM INFORMATION

The Pitching Lab is for players ages 13-18 and will be broken up into groups based on the players age.

All Perfect Your Pitching Labs will be held on Saturdays and Sundays at the Connecticut Baseball Academy, East Hartford location.

All players are required to bring proper clothing and baseball equipment. Batting gloves, sneakers or turf shoes (NO CLEATS), T-shirts, and your favorite bat.

Directions to the facility can be found on our website, www.ctbaseballacademy.com