

PROGRAM INSTRUCTORS

DAN KENNEDY *hitting catching*
 Dan has been the primary instructor and director of baseball operations at the Connecticut Baseball Academy since 1994. Before teaching at the Academy, he spent approximately 6 years as a professional catcher in the Chicago Cubs, Baltimore Orioles, and Boston Red Sox organizations. Dan is presently the head coach of one of the premier 18/u travel baseball programs in the country, Team Connecticut Selects. Over the past six years the Selects have finished nationally 10th, 7th, 4th, 3rd, 2nd and 1st, winning the National Championship in Cocoa Beach Florida in 1999.

Steve is a former professional pitcher in the Seattle Mariners organization. He reached the Triple A level with the Milwaukee Brewers. **STEVE BRAY** *pitching*
 Bray pitched in the Triple A All-Star Game as well as the prestigious Arizona Fall League. Steve pitched for Team Connecticut for six seasons, where he was a member of two national championship teams.

JIMMY GONZALEZ *hitting catching*
 Jim was a first round draft pick of the Houston Astros, the 40th player taken overall in the 1991 Major League Draft. He went on to play 14 seasons in professional baseball with the San Diego Padres, Montreal Expos, and New York Mets organizations. Jimmy also spent 4 seasons of winter ball in the Dominican Republic, capturing 2 Caribbean Series Titles.

Pete is the Owner/Founder of Future Fitness Sport Specific Training. He is proud to open his new facility in Berlin, "Training & Performance Center, by Future Fitness." **PETE ASADOURIAN** *strength & conditioning*
 Pete has been in the field of sport specific training for the past 18 years. As a head basketball coach, he won the Class S Basketball State Championship in 2001. Pete has a BA in Sociology and Psychology from Central Connecticut State University, is a Member of the NSCA, Certified Personal Trainer and Certified Golf Fitness Instructor.

PROGRAM HIGHLIGHTS

- **MENTAL APPROACH**
 - What should you be focusing on?
 - What should your thought process be?
 - What should I throw in this situation?
 - Where should I hit the ball in this situation?
 - These are questions that will be addressed.
- **STRENGTH & CONDITIONING**
 - Techniques to Increase Speed
 - Increasing Strength & Agility
 - Improving Stamina

SPECIAL GUEST INSTRUCTORS

Jim Bretz - San Diego Padres Scout
George Biron - Los Angeles Angels Scout
Bob Hetu - CBA General Manager
Mike Levandowski - Post University Alumni
Paul Fredette - Eckerd College Alumni
guest instructors subject to change

PROGRAM FACTS

- **WHAT SHOULD I BRING?**
 - All advanced program participants should bring a change of shirt and indoor shoes.
 - Catchers should bring full equipment.
 - Hitters should have their own bat, we do have demo's that can be borrowed by informing the instructor.
 - Pitchers should bring their glove, long sleeve t-shirt or sweat shirt.
- **DEPOSIT REQUIRED**
 - A deposit of \$100 per program must accompany this form. If a player is not selected for the class, the deposit will be refunded. If a player is chosen and chooses to not participate, the deposit will NOT be refunded.

Connecticut Baseball Academy
 598 Deming Road
 Berlin, CT 06037

www.ctbaseballacademy.com



CONNECTICUT BASEBALL ACADEMY PRO BOOT CAMPS



CATCHING



HITTING



PITCHING

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ADVANCED HITTING TUESDAY SESSIONS

1	Tuesday	January 17	7:30pm - 9:30pm
2	Tuesday	January 24	7:30pm - 9:30pm
3	Tuesday	January 31	7:30pm - 9:30pm
4	Tuesday	February 7	7:30pm - 9:30pm
5	Tuesday	February 14	7:30pm - 9:30pm
6	Tuesday	February 28	7:30pm - 9:30pm
7	Tuesday	March 6	7:30pm - 9:30pm

ADVANCED HITTING SATURDAY SESSIONS

1	Saturday	January 21	3:00pm - 5:00pm
2	Saturday	January 28	3:00pm - 5:00pm
3	Saturday	February 4	3:00pm - 5:00pm
4	Saturday	February 11	3:00pm - 5:00pm
5	Saturday	February 18	3:00pm - 5:00pm
6	Saturday	March 3	3:00pm - 5:00pm
7	Saturday	March 10	3:00pm - 5:00pm

PROGRAM COST

Tuesday Sessions Only
\$250 Per Student

Saturday Sessions Only
\$250 Per Student

Both Tuesday and Saturday Sessions
\$495 Per Student

8 to 1 Player to Coach Ratio

PROGRAM PAYMENT SCHEDULE

If attending one session, full payment is due prior to the first class.

If attending both sessions, payments are split as follows

Tuesday January 17, 2012	\$250.00
Saturday February 4, 2012	\$245.00

- Request for acceptance must be in by Friday, January 6, 2012
- All classes are held at the Connecticut Baseball Academy, 598 Deming Road, Berlin, CT 06037.

ADVANCED PITCHING WEDNESDAY SESSIONS

1	Wednesday	January 18	7:30pm - 9:30pm
2	Wednesday	January 25	7:30pm - 9:30pm
3	Wednesday	February 1	7:30pm - 9:30pm
4	Wednesday	February 8	7:30pm - 9:30pm
5	Wednesday	February 15	7:30pm - 9:30pm
6	Wednesday	February 29	7:30pm - 9:30pm
7	Wednesday	March 7	7:30pm - 9:30pm

ADVANCED PITCHING SATURDAY SESSIONS

1	Saturday	January 21	1:00pm - 3:00pm
2	Saturday	January 28	1:00pm - 3:00pm
3	Saturday	February 4	1:00pm - 3:00pm
4	Saturday	February 11	1:00pm - 3:00pm
5	Saturday	February 18	1:00pm - 3:00pm
6	Saturday	March 3	1:00pm - 3:00pm
7	Saturday	March 10	1:00pm - 3:00pm

PROGRAM COST

Wednesday Sessions Only
\$250 Per Student

Saturday Sessions Only
\$250 Per Student

Both Wednesday and Saturday Sessions
\$495 Per Student

8 to 1 Player to Coach Ratio

PROGRAM PAYMENT SCHEDULE

If attending one session, full payment is due prior to the first class.

If attending both sessions, payments are split as follows

Wednesday January 18, 2012	\$250.00
Saturday February 4, 2012	\$245.00

- Request for acceptance must be in by Friday, January 6, 2012
- All classes are held at the Connecticut Baseball Academy, 598 Deming Road, Berlin, CT 06037.

ADVANCED CATCHERS DATES and LOCATIONS

1	Thursday	January 19	7:30pm - 9:00pm
2	Thursday	January 26	7:30pm - 9:00pm
3	Saturday	January 28	7:30pm - 9:00pm
4	Thursday	February 9	7:30pm - 9:00pm
5	Saturday	February 11	7:30pm - 9:00pm
6	Thursday	February 16	7:30pm - 9:00pm
7	Thursday	February 23	7:30pm - 9:00pm
8	Saturday	March 3	7:30pm - 9:00pm

ADVANCED CATCHERS PROGRAM COST

\$285 Per Student
Includes all 8 Sessions

8 to 1 Player to Coach Ratio

PROGRAM PAYMENT SCHEDULE

Full payment is due prior to the first class on January 16, 2012

- Request for acceptance must be in by Friday, January 6, 2012.
- Jan 19, Jan 26, Feb 2, Feb 9, Feb 16 classes are held at the Connecticut Baseball Academy, 598 Deming Road, Berlin, CT 06037. A FINAL SCHEDULE will be given at the first class
- Jan 28, Feb 11, Mar 3 classes will be held at the Bubble at Central CT State University in New Britain.
Class dates and times are subject to change

* DEPOSIT *

A deposit of \$100 per program must accompany this form. If a player is not selected for the class, the deposit will be refunded. If a player is chosen and chooses to not participate, the deposit will NOT be refunded.

REGISTRATION

- Hitting Tues Hitting Sat
 Hitting Both Sessions
 Pitching Wed Pitching Sat
 Pitching Both Sessions
 Catching

Name _____

D.O.B. _____ Age _____ Grade _____

Address _____

City _____ State _____ Zip _____

Tel. Home _____

E-mail _____

Bats R L S (circle) Throws R L (circle)

MEDICAL RELEASE

I/We hereby authorize the Connecticut Baseball Academy, Inc. to act in my/our behalf in obtaining emergency medical treatment for my/our above named son/daughter if I/we am/are unavailable to do so myself/ourselves.

PLEASE PRINT

Parent/Guardian _____

Day Telephone _____

Insurance Coverage _____

Doctor _____

Dr.'s Telephone _____

Allergies and/or Medication _____

I/We, the parents of _____ give my/our approval to participate in the Connecticut Baseball Academy, Inc. Advanced Programs. I/We assume all risks and hazards incidental to such participation; and I/We do hereby waive, release, absolve, indemnify, and agree to hold harmless the Connecticut Baseball Academy, Inc., Team Connecticut Baseball, Inc., Town of East Hartford, Farmington Sports Arena, organizers, trainers, coaches, sponsors, and adult supervisors for any claim arising out of injury to my/our child, whether the result of negligence or any other cause, except to the extent and in the amount covered by accident or liability insurance.

Signature _____ Date _____

Signature _____ Date _____